

TRS/TXC ELIGIBILITY COMPARISON

Therapeutic Recreation Specialist / Texas Certified (TRS/TXC)

Requirement Category	TRACK I	TRACK II	TRACK III
Degree Required	Bachelor's or higher in Therapeutic Recreation	Bachelor's or Master's in Recreation, Leisure Studies , or related Human Functioning Discipline	Bachelor's or Master's in Recreation, Leisure Studies , or related Human Functioning Discipline
TR Theory & Practice Coursework	15 semester units (20 quarter units)	15 semester units (20 quarter units)	Must complete 15 semester units (20 quarter units) during first 2-year certification cycle
Recreation Theory Coursework	9 semester units (12 quarter units)	Not required	Case-by-case transcript review
Human Functioning & Development Coursework	18 semester units (27 quarter units) from at least 3 subject areas (max 6 units per area)	Degree must relate to human functioning	Transcript reviewed for core content (recreation, psychology, sociology, anatomy & physiology, human development)
Fieldwork / Internship	560 hours supervised internship verified on transcript	Not required	Not required
Employment Requirement	Not required beyond internship	2 years full-time OR 4,000 hours paid employment within last 5 years in TR setting	5 years full-time OR 10,000 hours paid employment within last 7 years in human functioning discipline
Employment Verification	Internship supervisor must be CTRAC or NCTRC certified (1+ year certification & agency experience) Internship supervisor required to complete the Agency Field Placement Verification Form	Employment verified by TRS employed at agency during that time	Employment documentation required; subject to review

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If Coursework Over 5 Years Old	Must complete 12 semester units (16 quarter units) of TR theory/practice	Must complete 12-15 semester units (16-20 quarter units) of TR theory/practice	TR theory/practice-15 semester units (20 quarter units) requirements completed during initial certification cycle prior to recertification
Best For	Recent graduates in Therapeutic Recreation	TR professionals or professionals with a related degree + TR employment experience	Experienced professionals in human services transitioning into TR credential
State Examination	Required	Required	Required
Certification Status Upon Approval	Certified Therapeutic Recreation Specialist	Certified Therapeutic Recreation Specialist- “With Conditions”	Certified Therapeutic Recreation Specialist- “With Conditions”

Important Reminders:

- **Track I Degree/Coursework must be 5 years or less**
- Additional coursework may be required depending on work experience and core content review.
- Approved courses must be from an accredited university or Certified CTRAC Instructor.
- All applicants must pass the State Examination.
- Failure to complete required conditions may affect recertification eligibility.