

# TRA/TXC ELIGIBILITY COMPARISON

## Therapeutic Recreation Associate / Texas Certified (TRA/TXC)

Requirement Category	TRACK I	TRACK II	TRACK III	TRACK IV
<b>Primary Pathway Type</b>	Academic Degree Pathway	Related Degree + Experience	Experience + Coursework Pathway	AD/TXC Advancement Pathway
<b>Degree Required</b>	Associate Degree in Therapeutic Recreation	Associate Degree or higher in related field	Not required	Must already hold CTRAC AD/TXC
<b>TR Theory &amp; Practice Coursework</b>	Minimum 6 semester hours (1 must be Intro to TR; TR-exclusive courses only)	Minimum 6 semester hours (1 must be Intro to TR; TR-exclusive courses only)	Completion of Intro to TR* AND Therapeutic Recreation Programming*	Completion of Intro to TR* AND Therapeutic Recreation Program Design*
<b>Additional University Coursework</b>	Included within degree requirements	Included within degree requirements	Minimum 15 credit hours related to CTRAC Body of Knowledge**	Not required beyond approved courses
<b>Internship / Fieldwork</b>	360-hour internship (equivalent to 3 university credit hours)	Not required	Not required	Not required
<b>Employment Requirement</b>	Not required beyond internship	1 year full-time (2,000 hours) in TR	4 years full-time (8,000 hours) in TR	4 years full-time (8,000 hours) in TR/Activities AFTER AD/TXC level
<b>Approved Course Requirement</b>	Must be university credit	Must be university credit	Intro to TR & TR Programming must be from accredited university or CTRAC-approved provider	Same as Track III
<b>If Coursework Over 5 Years Old</b>	Must complete 6 semester units (9 quarter units) of TR theory &	Same requirement	Same requirement	Same requirement

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	practice prior to recertification			
<b>Best Suited For</b>	Recent TR Associate degree graduates	Related field degree holders working in TR	Experienced professionals without formal TR degree	Certified AD/TXC advancing to TRA/TXC
<b>State Examination</b>	Required	Required	Required	Required
<b>Certification Status Upon Approval</b>	Certified Therapeutic Recreation Associate	Certified Therapeutic Recreation Associate "With Conditions"	Certified Therapeutic Recreation Associate "With Conditions"	Certified Therapeutic Recreation Associate "With Conditions"

### Important Reminders:

- Approved courses must be from an accredited university or Certified CTRAC Instructor.
- ***If Introduction to Therapeutic and Therapeutic Recreation Program Design are completed for university credit, they count toward the 15-hours university requirement. If completed through a non-university source, they do not count toward the 15 credit hours.***
- Additional coursework may be required depending on review of academic and employment documentation.
- Failure to complete required conditions may affect recertification eligibility.